Student Health & Counseling Services offers comprehensive primary care to all students. We encourage you to select a primary care provider who can provide you with preventive healthcare services, routine screenings, health maintenance counseling, patient education, diagnosis and treatment of acute and chronic illnesses as well as coordination of specialty care. Primary care services include, but are not limited to, those services listed below. Call (415) 476-1281 or visit MyHealthRecord to schedule an appointment [1].
Do I need an annual physical?

Please read this New York Times article on the topic of annual physicals. [2]

Medical Assessments & Physical Examinations

Providers perform medically-indicated assessments and exams for our patients. Make sure to fill out your health care history online through the student portal. Once completed, your information will link securely and directly to your SHCS medical chart.

Nutrition Consultation

Healthy living is important! SHCS providers can meet with patients to discuss diet, general nutrition and eating behaviors. Providers can also do nutritional and exercise assessments for maintaining health.

Lab Work & Diagnostic Tests

There is no charge for routine and medically necessary lab work when ordered by a SHCS provider and performed at Quest Diagnostics. There may be a small co-pay for routine and medically necessary diagnostic tests when ordered by a SHCS provider and performed at UCSF Medical Center. For non-medically necessary lab work and diagnostic tests, students must pay a nominal fee. Consult with a SHCS provider to obtain requisitions and costs.

Women's Health

SHCS offers a range of women's health services and coordinates any care necessary to deliver preventive services, diagnostic services, treatment of conditions and therapy.

» Learn more about Women’s Health [3]

Transgender Care

Transgender patients are welcome to make an appointment with a SHCS primary care provider to establish care. The Student Insurance Plan covers transgender care.

» Learn more about Transgender care, [4]
Sports Medicine

Primary care providers can assess and manage a variety of sports-related and overuse injuries. Referrals to specialists will be authorized as necessary.

Office Procedures

SHCS providers are trained to address a variety of primary care office procedures, including dermatology excision, joint injections and IUD insertion.

Source URL: https://studenthealth.ucsf.edu/healthcare-services/primary-care

Links: