All registered UCSF students have access to in-clinic services provided by Student Health & Counseling (except those who are defined as 'Student Employees' by the Registrar's Office[1]). However, only enrollees in the University of California Student Health Insurance Plan (UC SHIP)[2] have coverage to medical, mental health, dental, vision, prescription and travel insurance benefits provided by the plan.

If you are not sure whether or not you are enrolled in the Student Insurance Plan, please see Enrollment & Eligibility [3]. To learn more about the services provided by Student Health & Counseling, please see Healthcare Services [4] and consult with your SHCS primary care provider.

**UC SHIP**

On the [UC SHIP website][5], you can find details and important information about your plan as well as contact information and network providers.

Member ID cards for Anthem Blue Cross are available to you via a new mobile app. The app provides you with your Anthem member ID card, a summary of benefits, and other useful health information to best navigate your healthcare needs. To
access the mobile app you will need your ?My Access? ID and date of birth. Logon to UC SHIP Mobile Health[8] to access your information. You may also request a hard copy of your ID card by contacting Anthem Blue Cross at 1-800-888-2108.

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**Medical Plans**

All medically necessary specialty care, hospital stays, physical therapy, prescriptions, lab tests, radiology services, and more, are covered by the Student Insurance Plan.

[Learn more about your Medical Plan.][9]

**Mental Health Coverage**

Enrollees are eligible to receive short-term counseling at Student Health and Counseling Services each academic year at no charge. For long-term
mental health needs, enrollees can utilize the UC SHIP.

**Learn more about Mental Health Coverage.** [10]

**Dental Plan**

The dental plan provides basic and preventative dental coverage and is underwritten by Delta Dental of California.

**Learn more about your Dental Plan.** [11]

**Vision Plan**

Enrollees are automatically enrolled in the Anthem Blue Vision and can be covered for up to $120 each for exams, lenses, frames and contacts.

**Learn more about your Vision Plan** [12]

**Prescription Plan**

Enrollees have access to the Anthem's pharmacy network and can purchase prescription medications for a $5 co-pay (generic) or $25 co-pay (brand).

**Learn more about your Prescription Plan** [13]

**Traveler's Insurance**
Enrollees and students can receive urgent and emergency care when traveling abroad through Bluecard Worldwide [8] and ACE USA [14].

Learn more about Traveler's Insurance [15]

For a full description of the benefits summary, please click here. [16]

Track your bills by following the medical billing process [17]. To get a list of all network providers, billing addresses and phone numbers, see Policy Numbers & Network ID [18]. If you have recently visited an emergency room or an urgent care center, make sure you follow the appropriate steps to get your visit authorized.

Visit ER/Urgent Care Claims for more information. [19]

The Student Insurance Plan provides coverage for medically necessary and authorized care outside of the Bay Area, outside of California and outside of the United States. Various coverage and processes apply for each situation.

Visit Out-of-Area Care & Coverage for more information. [20]

Students who have access to an employer-sponsored insurance plan or an individual plan that meet all minimum benefit levels will be eligible to waive the Student Insurance Plan. Applications are accepted at the beginning of every quarter.

Learn more about the Insurance Waiver. [21]
It is in your best interest to avoid a break in your health insurance coverage.

Learn about available insurance options if your coverage is terminating. [22]