What are my health requirements as a UCSF professional student?

**Who:** The requirements apply to all professional students as they have patient care contact. This includes students enrolled to Medical, Dental, Nursing, Pharmacy, or Physical Therapy programs.

**What:** The diseases covered by the requirements include:

- Measles
- Mump
- Rubella
- Varicella (Chicken Pox)
- Pertussis (immunity conferred by Tdap vaccine)
- Hepatitis B
- Tuberculosis

Please submit the dates of vaccination as well if you have them. Submit immunization data for other non-required diseases if you have them (ex: HPV).

**When:** All new students must meet the requirements BEFORE registering and filing a study list.

<table>
<thead>
<tr>
<th>Disease</th>
<th>Required Data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Measles (Rubeola)</td>
<td>Positive Measles IgG Antibody titer (must be a positive titer)</td>
</tr>
<tr>
<td></td>
<td>If you have a negative or indeterminate titer, obtain one dose of MMR vaccine</td>
</tr>
<tr>
<td></td>
<td>and repeat titer in 4-6 weeks. If titer is still negative, contact Student Health.</td>
</tr>
<tr>
<td></td>
<td>Vaccine doses must be at least 28 days apart.</td>
</tr>
<tr>
<td>Mumps</td>
<td>Positive Mumps IgG Antibody titer (must be a positive titer)</td>
</tr>
<tr>
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<td>If you have a negative or indeterminate titer, obtain one dose of MMR vaccine</td>
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</tr>
<tr>
<td>Rubella</td>
<td>Positive Rubella IgG Antibody titer (must be a positive titer)</td>
</tr>
<tr>
<td></td>
<td>If you have a negative or indeterminate titer, obtain one dose of MMR vaccine</td>
</tr>
<tr>
<td></td>
<td>and repeat titer in 4-6 weeks. If titer is still negative, contact Student Health.</td>
</tr>
<tr>
<td>Varicella (chicken pox)</td>
<td>Positive Varicella IgG Antibody titer (must be a positive titer)</td>
</tr>
<tr>
<td></td>
<td>If you have a negative or indeterminate titer, obtain one dose of varicella vaccine</td>
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<tr>
<td>Pertussis</td>
<td>Tdap vaccine - 1 dose vaccine</td>
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<tr>
<td></td>
<td>Vaccine must be Adult Tdap (not Td or childhood Dtap).</td>
</tr>
<tr>
<td></td>
<td>Tdap vaccine covers: tetanus, diphtheria, pertussis</td>
</tr>
</tbody>
</table>
### Hepatitis B

Items A, B, or C on right will meet requirements.

Upload titer lab report if vaccine series is complete.

A. **At least 2 of 3 doses** of Hepatitis B vaccine required (all 3 doses required if you have time to complete series), provide all three dates if series complete, **

   AND **

   Positive Hepatitis B surface antibody (if you have completed the Hep B series, positive titer only meets requirement)

OR

B. **If you have a history of Hep B infection:** Hep B Core antibody & Hep B Surface Antigen titer results (these titers submitted in instance of prior infection). Only **positive titers** reflect history of past disease. **If these titers are negative** you should be immunized and obtain the surface antibody titer.

OR

C. **Received vaccination and titer didn’t convert to positive:**

   **Completed 3 vaccines and titer didn’t convert:** If you have completed a primary Hep B series of 3 immunizations and your titer doesn’t convert to reactive/positive, you must obtain and submit the date for a **4th dose of Hep B**. Also **submit the date of the previous three immunizations and negative/non-reactive titer.**

   **Completed 6 vaccines and titer didn’t convert:** If you have already received two, full courses of Hep B vaccination (6 doses) submit the dates of ALL doses of vaccine and most recent negative titer.

**Notes:**

The Hepatitis B vaccination series requires 3 vaccinations given at minimum intervals of 0, 30 and 240 days (0, 1, and 6 months). Greater intervals are permissible. Do not restart a vaccination series if you have fewer than three doses; just pick up where you left off.

You may obtain a Hepatitis B Surface Antibody titer 4 weeks after the last of three doses of vaccine, **titer required if series complete.**

### TB Screening

- Follow the ‘Negative TB Screen’ section if you have a history of negative TB screening (skin test, QFT, TSpot)
- Follow the ‘Positive TB Screen’ section if you have a history of positive TB screening (skin test, QFT, TSPot)

#### Negative TB Screen

Please submit data for either A, B, or C. Any of the options will meet the requirement.

**NOTE:** A PPD skin test must be placed the SAME day as a live virus vaccine OR at least 28 days after the administration of a live virus vaccine to be considered valid. Live virus vaccines include measles, mumps, rubella, and varicella.

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| **B. QuantiFERON testing:** Documentation of a **negative** QuantiFERON Gold test reported within three months of entering school, (positive test, see below) OR |
| **C. T-SPOT testing:** Documentation of a **negative** T-SPOT.TB test reported within three months of entering school, (positive test, see below) |

| **Positive TB Screen** | **D. Results of a POSITIVE PPD skin test (reading 10 mm or > is positive) or POSITIVE QuantiFERON or POSITIVE T-SPOT:** |
| **E. Chest X-ray** | • Chest x-ray date  
• Indication of normal or abnormal finding on chest x-ray  

**Note:** Date of chest x-ray report must be **within 3 months** of entering UCSF if INH Therapy has been taken for less than 6 months. **If 6 months of INH therapy taken,** chest x-ray report can be from time of positive screen.  

| **F. INH therapy taken:** | • Indicate INH therapy taken on the Sign and Symptom review form. |

**Question about BCG?** Students born outside the U.S. who received BCG vaccine should follow the TB screening requirements as listed above. If you have had slight reactions to a PPD skin test in the past, it is recommended you opt for QuantiFERON or T-Spot testing.

| **TB Sign & Symptom Review form** | **TB Sign and Symptom Review Form**  
• You will see this form on MyHealthRecord.ucsf.edu on the Home page and in the “Forms” section.  
• Completion required. |