Anthem Blue Cross: University of California Student Health Insurance Plan (UC SHIP)

UC San Francisco Students and Covered Dependents

Coverage for: Student/Family **| Plan Type:** PPO

The Summary of Benefits Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, www.ucop.edu/ucship/plan-documents/ or by calling 1-866-940-8306.For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	There is no deductible for UC Family providers. For network providers: $200/ person or $400/family; Out-of-network provider: $750/person or $1500/family.	Generally, you must pay all the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes, network preventive services, emergency room, urgent care, acupuncture, chiropractic, physician office visits, family planning, medical evacuation, repatriation and prescription drugs.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits
Are there other deductibles for specific services?	Yes. Pediatric dental: $60/person or $120/family. There are no other specific deductibles.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the out-of-pocket limit for this plan?	For UC family providers: $2,000/person or $4,000/family. network providers: $3,000/person or $6,000/family. For out-of-network providers: $6,000/person or $12,000/family. For pediatric dental: $1,000/person or $2,000/family.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out–of–pocket limit?	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

Will you pay less if you use a network provider?	Yes. See www.anthem.com/ca or call (866) 940-8306 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	Yes for students and no for dependents.	This plan will pay some or all of the costs to see a specialist for covered services, but only if you have a referral before you see the specialist.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		UC Family Provider (You will pay the least)	Network Provider	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No charge at SHS; $25 copayment/visit (UC Family). No deductible.	$25 copayment /visit. No deductible.	40% coinsurance	————————none————————
	Specialist visit	No charge at SHS; $10 copayment /visit (UC Family). No deductible.	$40 copayment / Visit. No deductible.	40% coinsurance	————————none————————
	Preventive care/screening/ Immunization	No copayment, deductible or coinsurance.	No copayment, deductible or coinsurance.	No copayment, deductible or coinsurance.	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No charge at SHCS for blood work; 5% coinsurance for UC Family x-ray and blood work	10% coinsurance	40% coinsurance	————————none————————

Common Medical Event	Services You May Need	What You Will Pay			
		UC Family Provider (You will pay the least)	Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Imaging (CT/PET scans, MRIs)	5% coinsurance	10% coinsurance	40% coinsurance	You should refer to your policy or plan document for details (*see page 30, 33, 38, 40, 69 & 75).
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.ucop.edu/ucship/plan-documents/	Generic drugs	$5 copayment /prescription at retail pharmacies/ Prescription. Deductible does not apply.	$5 copayment at retail pharmacies/ Prescription. On Mail Order $15 copayment/prescription. Deductible does not apply.	$5 plus any amount over the allowed amount/prescription. Deductible does not apply.	Covers up to a 30-day supply of medications and 180-days for oral contraceptives at retail pharmacies. Covers up to 90 days of medication and up to 180 days of oral contraceptives through Mail Order. Network pharmacies are contracted with OptumRx. UCSF does not have an on-campus pharmacy.
	Preferred brand drugs	$25 copayment /prescription at retail pharmacies/ Prescription. Deductible does not apply.	Retail: $25 copayment /prescription Mail Order $75 copayment /prescription. Deductible does not apply.	$25 plus any amount over the allowed amount/prescription. Deductible does not apply.	
	Non-preferred brand drugs	$40 copayment /prescription at retail pharmacies/ Prescription. Deductible does not apply.	Retail: $40 copayment /prescription Mail Order $120 copayment /prescription. Deductible does not apply.	$40 plus any amount over the allowed amount/prescription. Deductible does not apply.	
	Specialty drugs	$40 copayment /prescription at retail pharmacies/ Prescription. Deductible does not apply.	Retail: $40 copayment /prescription. Deductible does not apply.	$40 plus any amount over the allowed amount/prescription. Deductible does not apply.	

*For more information about limitations and exceptions, see plan or policy document at www.ucop.edu/ucship.

Common Medical Event	Services You May Need	What You Will Pay			
		UC Family Provider (You will pay the least)	Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	5% coinsurance	$250 plus 10% coinsurance /per admission	$250 plus 40% coinsurance /per admission	An additional 25% penalty is assessed for services and supplies provided by a Non-Contracting Hospital. You should refer to your policy or plan documents for details (*see pages 27, 32, 38, 39, 41, 43 & 89).
	Physician/ surgeon fees	5% coinsurance. No deductible.	10% coinsurance	40% coinsurance	——————none——————
If you need immediate medical attention	Emergency room care	$125 copayment /visit. Deductible does not apply.	$125 copayment /visit. Deductible does not apply.	$125 copayment/visit. Deductible does not apply.	Copayment waived if admitted. Member may be responsible for any costs above the allowed amount for an out-of-network provider.
	Emergency medical transportation	10% coinsurance. Deductible does not apply.	10% coinsurance	10% coinsurance	Applies network deductible. No charge for air ambulance.
	Urgent care	$25 copayment / visit. Deductible does not apply.	$25 copayment / visit. Deductible does not apply.	40% coinsurance	You should refer to your policy or plan documents for details (*see pages 44, 57 & 94).
If you have a hospital stay	Facility fee (e.g., hospital room)	5% coinsurance. No deductible.	$250 plus 10% coinsurance /per admission	$500 plus 40% coinsurance /per admission	An additional 25% penalty is assessed for services and supplies provided by a Non-Contracting Hospital. You should refer to your policy or plan documents for details (*see pages 25, 32, 36, 59, 73, 77 & 78).
	Physician/ surgeon fees	5% coinsurance. No deductible.	10% coinsurance	40% coinsurance	——————none——————

*For more information about limitations and exceptions, see plan or policy document at www.ucop.edu/ucship.

Common Medical Event	Services You May Need	What You Will Pay			
		UC Family Provider (You will pay the least)	Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office visit: No charge at SHCS; $5 copayment /visit, no deductible. Facility charges: 5% coinsurance. Deductible does not apply. Provider Services: 5% coinsurance.	Office visit: $15 copayment /visit. Deductible does not apply. Facility charges $250 plus 10% coinsurance/per admission. Provider Services: 10% coinsurance. Deductible does not apply.	Office visit 40% coinsurance. Deductible does not apply. Facility charges: $500 plus 40% coinsurance /per admission. Deductible does not apply. Provider Services: 40% coinsurance. Deductible does not apply.	An additional 25% penalty is assessed for services and supplies provided by a Non-Contracting Hospital. You should refer to your policy or plan documents for details (*see pages 35, 36, 80, 81 & 83).
	Inpatient services	No charge at UCSF; 5% coinsurance at Langley Porter Psychiatric Institute and all other UC Medical Centers. Deductible does not apply.	10% coinsurance + $250 copayment/per admission. Deductible does not apply. Provider Services: 10% coinsurance. Deductible does not apply.	Facility charges: 40% coinsurance + $500 copayment + 25% penalty/per admission. Deductible does not apply. Provider Services: 40%. Deductible does not apply.	An additional 25% penalty is assessed for services and supplies provided by a Non-Contracting Hospital. You should refer to your policy or plan documents for details (*see pages 35, 80 & 81).
If you are pregnant	Office visits	$25 copayment/initial visit only. Deductible does not apply.	$25 copayment /initial visit only. Deductible does not apply.	40% coinsurance	Copayment applies to initial visit only, thereafter no charge. Cost sharing does not apply for preventive services. Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).

Common Medical Event	Services You May Need	What You Will Pay			
		UC Family Provider (You will pay the least)	Network Provider	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Childbirth/delivery professional services	No charge at UCSF; 5% coinsurance at all other UC Medical Centers. Deductible does not apply.	10% coinsurance	40% coinsurance	——————none——————
	delivery facility services	coinsurance at all other UC Medical Centers.	admission + $250 copayment	admission + $500 copayment	Subject to utilization review for inpatient services beyond 48 hours for and 96 hours for a th; waived for emergency admissions. The maximum allowed amount is reduced by 25% for services and supplies provided by a non-contracting hospital.
If you need help recovering or have other special health needs	Home health care	No charge. No deductible.	0% coinsurance	40% coinsurance	Subject to utilization review.
	Rehabilitation services	$10 copayment /visit. No deductible.	$25 copayment /visit. No deductible.	40% coinsurance	——————none——————
	Habilitation services	$10 copayment /visit. No deductible.	$25 copayment /visit. No deductible.	40% coinsurance	——————none——————
	Skilled nursing care	5% coinsurance. No deductible.	10% coinsurance	40% coinsurance	Subject to utilization review.
	Durable medical equipment	5% coinsurance. No deductible.	10% coinsurance	40% coinsurance	——————none——————
	Hospice services	5% coinsurance. No deductible.	10% coinsurance	40% coinsurance	——————none——————
If your child needs dental or eye care	Children's eye exam	No charge. No deductible.	No charge. No deductible.	$0 copay/visit. Deductible does not apply.	$30 allowance/year for out-of-network providers.
	Children's glasses	No charge. No deductible.	No charge. No deductible.	$0 copay/glasses. Deductible does not apply.	$45 frame allowance and $25 lens allowance/year for out-of-network providers.
	Children's dental check-up	No charge	No charge	No charge	Deductible waived for diagnostic and preventive services.

*For more information about limitations and exceptions, see plan or policy document at www.ucop.edu/ucship.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)		
• Cosmetic surgery	• Infertility treatment	• Private-duty nursing
• Dental care (Adult)	• Long-term care	• Routine eye care (Adult)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
• Acupuncture	• Hearing aids (limited to one hearing aid per ear every four years)	• Routine foot care (if medically necessary)
• Bariatric surgery (For morbid obesity. Consult your policy or plan document)	• Non-emergency care when traveling outside of the U.S.	• Weight loss programs (commercial weight loss programs are excluded)
• Chiropractic care		

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact Anthem Blue Cross at 1-866-940-8306 or

Anthem Blue Cross
ATTN: Appeals or Grievance
P.O. Box 4310
Woodland Hills, CA 91367

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standard? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 866-940-8306.
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 866-940-8306.
Chinese (**中文**): **如果需要中文的帮助**，请拨打这个号码866-940-8306.
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 866-940-8306.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices our providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments, and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of network pre-natal care and a hospital delivery)	
▪ **The plan's overall deductible**	$200
▪ **Specialist copayment**	$40
▪ **Hospital (facility) coinsurance**	$250+10%
▪ **Other coinsurance**	10%

This EXAMPLE event includes services like:
Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost **$12,800**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$200
Copayments	$100
Coinsurance	$1,000
What isn't covered	
Limits or exclusions	$60
The total Peg would pay is	$1360

Managing Joe's Type 2 Diabetes (a year of routine network care of a well-controlled condition)	
▪ **The plan's overall deductible**	$200
▪ **Specialist copayment**	$40
▪ **Hospital (facility) coinsurance**	$250 +10%
▪ **Other coinsurance**	10%

This EXAMPLE event includes services like:
Primary Care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost **$7,400**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$200
Copayments	$600
Coinsurance	$200
What isn't covered	
Limits or exclusions	$60
The total Joe would pay is	$1060

Mia's Simple Fracture (network emergency room visit and follow up care)	
▪ **The plan's overall deductible**	$200
▪ **Specialist copayment**	$40
▪ **Hospital (facility) coinsurance**	$250+10%
▪ **Other coinsurance**	10%

This EXAMPLE event includes services like:
Emergency room care (including medical supplies)
Diagnostic test (x-ray)`
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost **$1,900**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$200
Copayments	$300
Coinsurance	$60
What isn't covered	
Limits or exclusions	$0
The total Mia would pay is	$560

The plan would be responsible for the other costs of these EXAMPLE covered services.