Get the Care You Need

UC FAMILY

Wherever you go, you’ll find care is close at hand:
www.mobilehealthconsumer.com/studenthealth

It’s important to register so you can also receive notifications

Once the app is loaded, simply click “Register Now” and
be on your way.

App Store or Google Play, and in a few minutes you’ll

Beginning August 1, 2015, we are replacing paper ID cards

Today, you use your smartphone or

With UC SHIP, you have greater coverage and a broad range

A description of your UC SHIP plan benefits

Preferred Provider Organization (PPO) plans offered through the

UC SHIP is convenient to access on campus through SHCS.

UC SHIP complies with the Affordable Care Act (ACA) requirement

UC SHIP Health Card Logo

4/22/13

How SHCS and UC SHIP Work Together

UC SHIP works in partnership with SHCS to get you the care you

UC SHIP makes it easy

When you go, you’ll find care is close at hand:

On campus at Student Health & Counseling Services (SHCS)

At any UC medical center, affiliated facilities and

Professional providers (you’ll get an additional UC Family discount)

Throughout the United States with providers in the

An ACA Recap

UC SHIP complies with the Affordable Care Act (ACA) requirement for

Minimum Essential Coverage. UC SHIP is convenient to access on campus through SHCS.

As a UC SHIP member, you have greater coverage and a broad range

of choices when you start your care at SHCS. Preferred Provider Organization (PPO) plans offered through the

ACA insurance marketplaces – such as Medi-Cal and Covered California – typically have limits like: Narrow networks that limit

when you can see and where you can go for care; higher deductibles and

out-of-pocket maximums, which may pay you more up front;

and, limited behavioral health benefits.

With UC SHIP, you can choose to see any provider once you have a

UC SHIP referral to cover the care.*

How SHCS and UC ship work together to provide comprehensive medical care that meets the diverse, individual needs of our students and adult dependents.

• You must first seek non-emergency medical care at SHCS by meeting with your primary care provider.

• If you need off-campus, non-emergency services, you must first contact your primary care clinician before obtaining non-emergency medical services.* Your diagnosis and location will determine whether a referral will be granted. The referral ensures that your additional care will be covered by UC SHIP if services rendered are medically necessary and covered by the Plan. This referral’s required regardless of the distance from the campus that you obtain care.

You need a referral for care outside of SHCS

When you start with a UC SHIP referral*, you can choose from UC Family or other health care providers—whether in or out of the Anthem network—and get necessary care that’s covered by UC SHIP.

Keep in mind that using UC Family or other Anthem network providers can save you money.

UC medical centers—and affiliated professional providers—are members of the Anthem Blue Cross Prudent Buyer network, but have agreed to offer their services to UC SHIP members at an even lower rate.

If you are referred for services outside of SHCS, ask for provider recommendations. You can also contact UCSF Medical Center or Anthem for assistance with locating a network provider—it will help you lower your out-of-pocket expenses.

Call the UCSF Medical Center at:

• Parnassus

(415) 476-1000

• Mount Zion Campus

(415) 567-6600

• Mission Bay Campus

(415) 333-1000

Call Anthem at (866) 940-8306.

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Throughout the United States with providers in the

Anthem Blue Cross Prudent Buyer (PPO) network

A Quick How-To on Waiving Coverage

All UC students are required to have medical insurance, which is

A description of your UC SHIP plan benefits

Anthem Blue Cross — for dental care and claims information

And much more!

Just download the StudentHealth app from the Apple

App Store or Google Play, and in a few minutes you’ll be

On the app: loaded, simply click “Register Now” and

provide the following:

Your first and last name

Your MyAccess ID number

Date of birth (mm/dd/yyyy)

It’s important to register so you can also receive notifications about your UC SHIP benefits. Don’t have a smartphone or a tablet? Access the app using your computer’s browser at www.mobilehealthconsumer.com/studenthealth.

NEW! Going Mobile

Today you use your smartphone or tablet to connect with friends and

family, manage your schedule, organize homework, get online and more.

Beginning August 1, 2015, we are replacing paper ID cards

with the new StudentHealth app through Anthem Blue Cross.

Now, you will be able to use your smartphone or tablet to

quickly and easily access your UC medical coverage:

• Your UC SHIP member ID card

• Student Health & Counseling Services (SHCS) — location, hours, services

• A description of your UC SHIP plan benefits

• Anthem Blue Cross — for dental care and claims information

• And much more!

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Your first and last name

Your MyAccess ID number

Date of birth (mm/dd/yyyy)

It’s important to register so you can also receive notifications about your UC SHIP benefits. Don’t have a smartphone or a tablet? Access the app using your computer’s browser at www.mobilehealthconsumer.com/studenthealth.

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All in the UC family

As a member of UC SHIP, you have access to the UC family of five

nationally ranked medical centers at Davis, Irvine, Los Angeles, San Diego and San Francisco — along with their affiliated facilities and professional providers — where you’ll pay lower student rates.

Sure to get a referral from SHCS* before making an appointment with UC Family provider outside of SHCS, or with other Anthem Blue Cross Prudent Buyer network providers. Referrals are not required for emergency room services or Urgent Care Clinic visits. At UC SHIP, adult dependent members must visit SHCS for primary and preventive care.

Coverage and Choices

All registered students — including registered domestic, international and students in absentia — have mandatory Medical, Dental and Vision coverage.

Dependants

If you are covered under UC SHIP, you have the option of enrolling eligible dependents in their own plan. Medical, Dental and Vision coverage can be purchased through the Wells Fargo Insurance Services Customer Care for UC SHIP Voluntary Student and Dependent Coverage by calling (800) 853-5899. There is a $12,200 out-of-pocket maximum for family coverage. Wells Fargo can provide you with information about Dependent Plan rates.

A quick how-to on waiving coverage

All UC students are required to have medical insurance, which is

Why UC SHIP automatically covers all registered students, including
domestic and international students, and students in absentia.

You’ll find the cost of coverage (premium) on your registration bill. If you already have a health plan that meets the University’s health requirements coverage, you must submit an online waiver application form to request to waive enrollment in UC SHIP before the designated fee payment deadline date.

Care on the go

Go mobile with our new apps for your Medical, Pharmacy and Dental Plans. Prescription refills and health care information at your fingertips, any time you need them.

Study and travel the world – you’re covered! To keep up with global health care costs, your coverage for medical evacuation and repatriation is increasing this year.

*No referral needed for pediatricians, obstetricians for pre-natal or maternity care, or to visit a gynecologist if one is not provided at SHCS, or if you’re away from campus.

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Your Medical Coverage
Highlights of your UC SHIP coverage are shown below. The Benefit Year Deductible applies unless stated otherwise. Visit www.ucop.edu/ucship for details. Certain expenses and services are excluded from Medical coverage. You’ll find a list in the “Access Benefits Administration Info” section on the UC SHIP site at www.ucop.edu/ucship.

**REMARKS ARE THE PLACE TO START IF YOU WANT UC SHIP TO PAY YOUR BENEFITS.** For non-emergency care outside of SHCS, obtain a written referral from your SHCS primary care clinician. Benefits are not payable for emergency and Urgent Care Clinic visits.

**SEPARATE BENEFIT/YEAR DEDUCTIBLES** The amount you are responsible to pay before UC SHIP begins paying for services in each category.

**SEPARATE LIMITS ON YOUR OUT-OF-POCKET COSTS** Once you pay this amount toward covered medical and pharmacy services, UC SHIP steps in to pay 100% of your covered expenses.

**UC SHIP COVERS**

**OFFICE VISITS**

- SHCS: 100% for primary care
- UC Family: 100% for all visits

**ROUTINE PHYSICALS/STUDENT ADULT PREVENTIVE CARE**

- 100%

**BEHAVIORAL HEALTH OFFICE VISITS**

- SHCS: 100%
- UC Family: 100%

**INPATIENT HOSPITAL CARE**

- UC Medical Center: 100%
- All Other UC Family: 50%

**EMERGENCY**

- UC Family: 100%
- 100% after $125 copay, deductible waived

**Your Vision Coverage**

UC SHIP covers a greater portion of your fees when you receive exams, glasses or lenses from a provider in the Anthem Blue View Vision Insight Plan network. Manage your budget wisely— if you use a retail provider, be sure to determine whether it is an network. Visit www.ucop.edu/ucship for details. Certain expenses and services are excluded from Vision coverage. You’ll find a list in the “Access Benefits Administration Info” section on the UC SHIP site at www.ucop.edu/ucship.

**Your Dental Coverage**

UC SHIP provides the highest benefits when you receive services from dentists in the Delta Dental PPO network. You decide how you want to manage costs by selecting a network or out-of-network dentist. Certain expenses and services are excluded from Dental coverage. You’ll find a list in the “Access Benefits Administration Info” section on the UC SHIP site at www.ucop.edu/ucship.

**Your Pharmacy Coverage**

Catamaran is the new pharmacy benefit administrator for UC SHIP. You can take your prescription to any pharmacy, but you’ll pay the lowest costs if you take your prescription to a Catamaran network pharmacy.

**Networks**

- **ANTHEM BLUE CROSS PROVIDERS**: Providers/facilities in the Anthem Blue Cross PPO network.
- **SHCS**: Student Health and Counseling Services.
- **delta dental networks or out-of-network**: Not covered.
- **other delta dental networks or out-of-network**: 40% after you pay deductible.
- **Catamaran** is the new pharmacy benefit administrator for UC SHIP. You can take your prescription to any pharmacy, but you’ll pay the lowest costs if you take your prescription to a Catamaran network pharmacy.
- **All Other Providers**: Any health care provider/facility you choose; however, Anthem Blue Cross’ negotiated rates will not apply.

**SHCS**

- **70% after $100 copay for first 2 visits, deductible waived**
- **60%**

- **$6,000**
- **$10 copay**

- **100% after $125 copay, deductible waived**

**Your share of prescription drug costs count toward the combined medical/pharmacy annual out-of-pocket limit. See details in the “Your Medical Coverage” chart above about the combined annual out-of-pocket limit, or visit the UC SHIP website at www.ucop.edu/ucship.**

**Catamaran Pharmacy Services**

- **Up to $49 allowance**
- **all other pharmacies**

- **$750 per member**

**Your Vision Coverage**

**Get In Touch!**

**Catamaran Pharmacy Services**

- (844) 165-1879

**Delta Dental Customer Services**

- (800) 765-6003

**UCSF Medical Center**

- (415) 476-1000

- (415) 567-6600

- (415) 353-3000

- (415) 567-6600

- (415) 353-3000

- (800) 123-4567

- (415) 476-1281, option 7

- (415) 476-1281, option 8

- (415) 476-1281, option 7

- (415) 476-1281, option 8

Visit UC SHIP online